

The Heart of Calvary

But one of the soldiers pierced His side with a spear, and immediately blood and water came (flowed) out. **John 19:34**

“Stress induced cardiomyopathy”, is a phrase the medical profession calls a broken heart.

Medical evidence reports that when older couples that have been married for many years suffer intense grief when their spouse suddenly dies. Sometimes the husband and wife are so close that when the one dies, the other will end up dying soon after because of pain of being separated from their loved one. This was the case for Alexander and Jeanette Toczko of 75 years of marriage who died in each other arms within hours of the first one dying.

- ***James Lynch writes, “We have learned that human beings have varied and at times profound effects on the cardiac systems of other human beings. Loneliness and grief often overwhelm bereaved individuals and the toll taken on the heart can be clearly seen. As the mortality statistics indicate this is not myth or romantic fairy tale. All available evidence suggests that people do indeed die of broken hearts”.***

Dr. Arthur Brown has been acknowledged by over sixty medical journals and publications for his findings. His findings also suggest a major relationship between heart disease and emotional stress.

- ***Dr. David Jenkins states in the New England Journal of Medicine, “that a broad array of recent studies point with ever increasing certainty to the position that certain psychological, social and behavioral conditions do put persons at a higher risk of clinically manifest coronary disease”.***

Dr. George Ingle from Rochester University Medical School, did a careful study for six years that explored the backgrounds of 170 sudden heart attack deaths. His studies showed that a great majority of sudden death cases had a close personal loss precede their death.

These findings they say grief is in proportion to intimacy. So the more you love somebody, the more you are hurt when that person dies or rejects you. Can you be so close to somebody that their rejection can literally break your heart?

We read in John’s gospel (**John 19:34**) that ***“one of the soldiers pierced His side with a spear, and immediately there came out blood and water.”***

- ***Truman Davis writes concerning the medical significance of the blood and water, “We, therefore, have rather conclusive post-mortem evidence that Our Lord died, not the usual crucifixion death by suffocation, but of heart failure...” (8). Heart failure that began to develop in the garden when Jesus was sweating blood, continued to build when he was rejected by many of his disciples and came to utter fruition when his people nailed him to a cross.***

Could it be that Jesus died from stress-induced cardiomyopathy as a result of the rejection and grief he experienced as He walked the world?

The importance to all of this for you and me today was this kind of love that only comes from Calvary is a power to help you receive and grieve love relationally to others.

Because the prophet Isaiah explicitly writes in chapter 53 that Jesus was despised and rejected and forsaken by men all for you. He was a Man of sorrows and pains, and acquainted with grief and sickness all to give you the power for the healing in your own heart Men hid their faces from Jesus. He was despised, and we did not appreciate His worth or have any esteem for Him. He did this all to give you a new heart from the one you have. Surely He has borne our griefs

(sicknesses, weaknesses, and distresses) and carried our sorrows and pains of punishment all so you can operate with another heart from the one you now have. He was wounded for our transgressions, He was bruised for our guilt and iniquities; the chastisement needful to obtain peace and well-being for us was upon Him, and with the stripes that wounded Him we are healed and made whole.

This describes the broken heart of Jesus being pierced so you can have enough faith today to receive another heart. This heart comes from the Calvary. It's a superior love that helps us conquer and overcome the breaking of relational hearts by the power of the Holy Ghost.

Too often we become disillusioned with love because we try to love from our own heart and our own will power strength. Tell your neighbor your love is not enough for your family and friends.

We validate our version of love from our definition of love which may not be Calvary's love.

So when I love from a broken or wounded heart I will not see the results I am looking for because it's not love that comes from Calvary's love.

Max Lucado once said, " God loves you the way you are but refuses to leave you that way because he wants you to be like him" by giving you his heart.

The love you claim is enough for human relationships can betray you in a hard trial or traumatic experience. In my traveling around the world I see all too often people who think way too highly of their confidence of their heart for love thinking it's God's heart for love. The heart is deceitfully wicked and the Bible says nobody knows its true intents but God Himself.

We cannot mix other philosophies of love from poetry, Hollywood, or universal one world religious love with Calvary's love. This causes disillusionment with God and others. Because the Philos and Arios Greek definitions of love cannot cut it in severe times of trouble.

Both our human heart and our sin nature seeks to constantly justify our own versions of love outside of God's Word and the spirit of prayer.

Even scientist have found the human organ heart to retain knowledge and memories detriment to a person's walk with God. They say your human heart organ collects memories and experiences from your life that impact your decision making every day. It's not just your mind that does this but the organ called the human heart.

For example an eight year-old girl, who received the heart of a murdered ten year-old girl, began having recurring vivid nightmares about the murder. Her mother arranged a consultation with a psychiatrist who after several sessions concluded that she was witnessing actual physical incidents. They decided to call the police who used the detailed descriptions of the murder (the time, the weapon, the place, the clothes he wore, what the little girl he killed had said to him) given by the little girl to find and convict the man.

Dr. Marcus Cobb researched that in 1983 the human heart was reclassified as a part of your hormonal system impacting extensive neurological interactions in the human framework.

So if the human heart has this kind of power than Calvary's heart has even a greater power when we seek after It and submit to It!

The Bible says in *Ezek. 36:26-27*, **'a new heart will I give you and a new spirit will I put within you, and I will take away the stony heart out of your flesh and give you a heart of flesh. [27] And I will put my Spirit within you and cause you to walk in My statutes, and you shall heed My ordinances and do them'.**

Only by the power of the Holy Ghost can we operate and walk with a new heart that is not controlled by our old heart like the story of the girl who received a heart transplant was being controlled.

Calvary's heart is controlled by love and obedience to God's Word in daily dependence on Him. Otherwise we live our lives through the old heart that got us into trouble in times past.

Proverbs 4:23 tells us this. When God downloads His Word and intimate revelation into your new heart you must guard it from all past, present and future hurts.

[23] Keep and guard your heart with all diligence and above all that you guard, for out of it flow the springs of life.

Jesus said hurts, fears, and offenses will come. **Zechariah even said, 'I am going to get wounded in the house of my friends'.**

If I do not handle offenses and hurts correctly then my heart becomes defiled or contaminated. This affects the knowledge and knowledge I previously received from God.

Matthew 15:11 AMP says, 'It is not what goes into the mouth of a man that makes him unclean and defiled, but what comes out of the mouth; this makes a man unclean and defiles him'.

Luke 6:45 AMP also says, 'For out of the abundance of the heart the mouth speaks'.

The love of Calvary's heart equips you and me against four formidable enemies:

1. Spirit of fear
2. Old and new hurts and wounds
3. The spirit of shame
4. And the attitude of pride

1 John 4:18 AMPC

[18] There is no fear in love dread does not exist, but full-grown (complete, perfect) love turns fear out of doors and expels every trace of terror! For fear brings with it the thought of punishment, and so he who is afraid has not reached the full maturity of love is not yet grown into love's complete perfection.

Psalms 147:3 AMPC

[3] He heals the brokenhearted and binds up their wounds curing their pains and their sorrows.

Isaiah 41:10 AMPC

[10] Fear not there is nothing to fear, for I am with you; do not look around you in terror and be dismayed, for I am your God. I will strengthen and harden you to difficulties, yes, I will help you; yes, I will hold you up and retain you with My victorious right hand of rightness and justice.

2 Chronicles 20:21-22 AMPC

*[21] When he had consulted with the people, he appointed singers to sing to the Lord and praise Him in their holy priestly garments as they went out before the army, saying, give thanks to the Lord, for His mercy and loving-kindness endure forever! [22] And when they began to sing and to praise, the Lord set ambushments against the men of Ammon, Moab, and Mount Seir who had come against Judah, and they were self-slaughtered;
Love is a healer of shame and hurts by Calvary's love.*

1 Peter 4:1-2 AMPC

[1] SO, SINCE Christ suffered in the flesh for us, for you, arm yourselves with the same thought and purpose patiently to suffer rather than fail to please God. For whoever has suffered in the flesh having the mind of Christ is done with intentional sin has stopped pleasing himself and the world, and pleases God, [2] So that he can no longer spend the rest of his natural life living by his human appetites and desires, but he lives for what God wills.

This is Calvary's love.

His heart and His love matures in us when we become comfortable with being transparent and vulnerable.

The heart of Jesus is intensely desiring to give you mercy in a personal way and for you to give it back out through relational conflicts that come with hurts.

James 2:13 AMP says, 'For to him who has shown no mercy the judgment will be merciless, but mercy full of glad confidence exults victoriously over judgment'.

He renews our hearts through the discipline of His Word and spirit in our lives according to **Hebrews 12:3-15 AMP.**

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