Challenge | pick a day this week when you're going to do your chores. Share that day with your parents so they can help you achieve your task. If you already have a day, write it down and share why that day is the day you chose that day to do your chores

We played a game so we can understand that covenant is an agreement). One person could say "Every time you say the word "alligator", I have to jump up and down."

A good verse to review at this time is Deuteronomy 7:9, "Know therefore that the Lord your God is God, the faithful God who keeps covenant and steadfast love with those who love him and keep his commandments, to a thousand generations." (ESV)

Q 22. What is a covenant? A: An agreement between two or more persons.

Think back to your childhood. Do you remember locking fingers with a friend on a "pinky promise"? Maybe you pledged to not share a secret, or promised to do something specific. Whatever it was, the symbolism of locking fingers seemed to make the pinky promise take on a meaning beyond words.

Keeping a promise lays the foundation for trust and respect. When our behavior is consistent, it allows others to build faith in us.

Praise song Song | Man of your Word